

# Parent *With a Purpose*

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Dear Parent,



We celebrate Valentine's Day this month! Remember to use not only this day, but the other 364 days of the year as well to say "I love you and care about you" to the children in your life. As this e-tip suggests, we parent with a purpose; with a love for our children.

We choose our topics based on what we hear from the students we teach in middle- and high-schools. We also look to the media as a guide to what teens are exposed to these days.

As a loving, caring parent, guardian, or teacher, what would you like to learn from these monthly tips? What would help you parent with a purpose? We'd like to hear from you! E-mail [askalex@elizabethnewlife.org](mailto:askalex@elizabethnewlife.org) with your ideas!



In a previous PWAP, we discussed the issue of sexting. On a recent Dr. Phil show, they reviewed a short-hand glossary kids are using for texting. Go to <http://drphil.com/articles/article/591> for the list.



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